

APRIL

# THURSDAY LUNCH

**Every Thursday  
Doors open at  
11:30am, lunch  
served at  
12:00pm**

Douglas H. Buck  
Recreation Center  
2004 W. Powers Ave.  
Littleton CO 80120

**\$6.50 Resident  
\$7.50 Nonresident**

*Special dietary requests  
must be made 48hrs in  
advance.*

## **APRIL 5 —BIRTHDAY CELEBRATION**

Meatloaf with roasted potatoes, mixed vegetables, rolls and butter.

Dessert: Vanilla Pudding with Fruit

\*Special thanks to Visiting Angels for the birthday treats!

**1:00 TED Talk —"How To Speak So That People Want To Listen"**

## **APRIL 12—BASEBALL KICK-OFF**

Hot dogs, brats, potato salad and chips.

Dessert: Rockies Sugar Cookies

\*Special thanks to today's lunch sponsor, Touching Hearts at Home!

## **APRIL 19**

Homemade cheesy potato soup, rolls, vegetables and artichoke dip.

Dessert: Apple Pie with Ice Cream

## **APRIL 26**

Chicken pot pie, mixed salad and fresh fruit.

Dessert: Proudly sponsored by Libby Bortz Assisted Living



## RESERVATIONS

Call 303.730.4605 Mon-Fri. Messages checked daily.  
Reservations must be made or cancelled by Tues, 1pm.

*The District's Scholarship program offers financial assistance for District Residents to participate in recreation activities. Call 303.730.4609 for more information.*

 EXPLORE. ENJOY.

## **April Highlights:**

- Wednesday, April 4 @ 12:30—Lunch and Learn at Goodson  
“Superstars in Colorado History” - \$10 Resident / \$12 Nonresident Class  
#703884
- April 9-15: Book Sale in Lobby at Buck
- Thursday, April 12: 11:00 Blood Pressure Checks
- Wednesday, April 12 @ 11:15am: Atchison Room—ACCOA (Arapahoe County Council on Aging) Speaker Series –  
“What Happens to My Facebook Account When I Die?” – Free – Snacks served

## **MARK YOUR CALENDAR AND TELL YOUR NEIGHBORS:**

Active Adult Healthy Living Expo – “Life is a Fiesta!”

Friday, May 4

1:30-4:00pm

Great resources, give-aways, fun things to try, screenings, and more!