

MAY

THURSDAY LUNCH

Every Thursday
Doors open at
11:30am, lunch
served at
12:00pm

Douglas H. Buck
Recreation Center
2004 W. Powers Ave.
Littleton CO 80120

\$6.50 Resident
\$7.50 Nonresident

MAY 3 —BIRTHDAY / CINCO DE MAYO CELEBRATION

Beef Enchilada Casserole served with rice, tortilla chips & salsa.

Dessert: Chocolate Brownies

*Special thanks to Visiting Angels for the birthday treats!

1:00 TED Talk —"What Makes a Good Life? Lessons From the Longest Study on Happiness"

MAY 10—Mother's Day Celebration

Chicken Salad Sandwich on croissant served with garden greens and fruit salad.

Dessert: White Cake

*Special thanks to Littleton High School volunteers today!

12:30—2 Bemis Library Cart

MAY 17

Teriyaki chicken with rice, mixed vegetables and rolls with butter.

Dessert: Cherry Pie and Ice Cream

1:00 Avoiding Costly ER Visits by Dispatch Health

MAY 24—MEMORIAL DAY CELEBRATION

Neighborhood Barbecue—Hamburgers, hot dogs, coleslaw, potato salad and potato chips.

Dessert: Macadamia Nut Cookies

MAY 31

Traditional Chef Salad (ham, turkey, hard boiled eggs...the works!) served with fresh roll and butter.

Dessert: Chocolate Chip Cookies



RESERVATIONS

Call 303.730.4605 Mon-Fri. Messages checked daily.
Reservations must be made or cancelled by Tues, 1pm.

The District's Scholarship program offers financial assistance for District Residents to participate in recreation activities. Call 303.730.4609 for more information.

 EXPLORE. ENJOY.

May Highlights:

Active Adult Healthy Living Expo – “Life is a Fiesta!”

Friday, May 4

1:30-4:00pm

Great resources, give-aways, fun things to try, screenings, and more!

Wednesday, May 9 @ 11:15am: Atchison Room—ACCOA (Arapahoe County Council on Aging) Speaker Series –

“What is a Geriatric Care Manager??” – Free – Snacks served

MARK YOUR CALENDAR AND TELL YOUR NEIGHBORS:

Friday, June 1—Collector’s Roadshow 1-3 PM @ Buck

Join us for one of our most popular programs! Everyone’s got a collection of something, whether it’s coins, dolls, postcards, books, art, pottery...and the list goes on. Do you know what it’s worth? Bring your valuable collectable item (3 per person) and have it evaluated by an expert who is just as funny as he is knowledgeable! Sponsored by Next Chapter, Inc. Free to attend; \$5 per item evaluated.

Wednesday, June 6—Lunch and Learn @ Goodson 12:30—2:00 PM

“The Great Masterpieces of the Louvre”

In this presentation by Cynthia Peer, art historian and owner of “Peer Presentations”, you will learn how the Great Louvre Museum went from fortress, to Royal palace, to the Louvre Museum over the span of 600 years. Highlighting the first work of art to begin the collection of works that would become part of the permanent collection of the Louvre and more.

Resident—\$10; Nonresident—\$12 Class # 703886