



South Suburban
PARKS AND RECREATION

FOR IMMEDIATE RELEASE
May 6, 2015

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**South Suburban's Goodson and Buck Recreation Centers to Host
14th Annual Older Active Adult Health and Resource Fairs**

Aging is inevitable. Come learn about healthy aging and connect with local resources that support people 60+ in the community at the 14th Annual Older Active Adult Health and Resource Fairs, sponsored by South Suburban's Older Active Adult Programs.

Local businesses, non-profit organizations and providers will share resources, provide tips and giveaways and offer hands-on presentations and demonstrations. Older adults and their families are encouraged to attend.

The free events will take place on Tues., May 19 from 10 am to 12 pm at South Suburban's Goodson Recreation Center, 6315 S. University Blvd., Centennial; and on Wed., May 20 from 10 am to 12 pm at Buck Recreation Center, 2004 W. Powers Ave., Littleton.

For more information, or to participate in the fair, contact Nikki Crouse at Nikkic@sspr.org, or call 303-798-5131.

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